



INSPIRING COACHING EXCELLENCE

U.S. FIGURE SKATING COACH I.C.E.  
**FREQUENTLY  
ASKED QUESTIONS**

**WHAT DOES COACH "I.C.E." STAND FOR?**

I.C.E. stands for Inspiring Coaching Excellence.

**WHAT IS THE COACH CORE  
CERTIFICATION?**

This interactive online course and assessment is for both seasoned and entry-level coaches and covers multiple facets critical to coaching figure skating, including coach and athlete well-being, coaching best practices, essential fundamentals and general technique concepts. It comes with a complete guidebook and resource list.

Once completed, coaches can download a certificate and are considered a U.S. Figure Skating Core Certified Coach. Core Certified coaches are eligible to join Coach I.C.E., the new official professional development and education program beginning June 1, 2024.

**HOW DO I TAKE THE COURSE?**

Log onto [Members Only](#), and click on the new blue Coach icon. There is a once-in-a-career fee of \$103. [Click here](#) for the required internet and browser settings to take the course.

**IS THIS REQUIRED?**

Yes. This course must be completed to coach at sanctioned events and activities for the 2024-25 season.

**WHAT ABOUT CONTINUING  
EDUCATION REQUIREMENTS  
(CERS)?**

There are no CERS for the 2024-25 season. This Core Coach Certification will be accepted instead of CERS.

**WHAT HAPPENS NEXT?**

Beginning in June 2024, the new Coach I.C.E. professional development and education program will open. All coaches are required to join Coach I.C.E. for next season. This replaces a PSA membership.

**HOW DO I LEARN MORE?**

Check out the presentation and more information posted [here](#).

**QUESTIONS?**

Email [coaching@usfigureskating.org](mailto:coaching@usfigureskating.org)

[CLICK HERE OR SCAN THE QR CODE TO LEARN MORE](#)

