



## 2024-25 Synchronized Skating Domestic Q&A 1

### WBP Requirements

#### Question #1

2024-25 Synchronized Free Skate Program Requirements states “The NHE, TwE and SySp may be skated in any order. If two of these Elements follow one another, there must be a clear difference between the two Elements such as;

- A different Element Shape is required at the start of the next Element  
OR
- A Connection in-between the two Elements.”

Does this mean a new element shape or transitional element is required between these elements?

Answer: The purpose of this requirement is to encourage creativity in programs and ensure there are clear differentiating factors for the technical panel. If two required elements are performed consecutively, there must be a distinct difference between them. The examples provided in the 2024-25 Synchronized Free Skate Requirements - such as ‘using different element shapes required’ or adding ‘connections between elements’ - are not exhaustive. Other methods may be used to create clear differentiation between elements. Ultimately, it is up to the discretion of the technical panel to determine whether the elements are sufficiently distinct.

### Change of Place Feature

#### Question #1

Technical Panel Handbook 2024/2025 page 14 states

- “- Each Skater assists by skating towards their new place (Skaters may remain in their new place or return to their starting place).
- Slowing down to allow another Skater/Line to pass will not meet the requirements”

Will skaters pushing or 3 turning around another skater that is gliding count towards the change of place feature?

Answer: No, all skaters must move towards their new spot. Depending on the element shape (ie, Circle, Line, etc) skaters may need to pass by the other skaters, but all should be actively moving their feet or executing some type of skating movement.

### Choreographic Series

#### Question #1

Communication 2639 page 1 states

“Choreographic Series

- At least two different recognizable movements selected from the following; Charlotte, Non-listed Jumps, Hydroblading, Ina Bauer, Lunge, Shoot the Duck, Choreographic Slide, Spirals, Spread Eagle
- Must include at least two correct difficult Turns
- A minimum of two different arm movements
  - If using a connected hold then the end Skaters of the Line/Spoke may fulfil this requirement”

Does a 1.5 rotation twizzle meet the requirements for the choreographic series?

Answer: No, per the Special Regulations & Technical Rules 2024 document page 89 section f (iii) Difficult turns/steps – consists of bracket, choctaw, counter, loop, rocker, twizzles with two or more rotations.