SOLO FREE DANCE JUDGING FORM
ADULT PRE-SILVER 50+ (50PSSFD)

US FIGURE SKATING

Candidate's Name _____ Member # _____

Candidate's Club _____

Host Club _____ Date _____

Expression must be at least equivalent to that of a standard candidate of the bronze solo free dance test (rule 8384). Strong development of extension, carriage, flow/speed and depth of edge will not be demanded; however, basic balance, form and skating skills must be adequate to achieve comfortable performance of the steps and elements. General requirements outlined for the pre-bronze pattern dance test apply equally to the adult pre-silver solo free dance test. The program presented must conform to the rules for solo free dance. The program should display fairly good edges and some evidence of good form. An adult pre-silver solo free dance program must include the following required elements, as specified in rule 8392 (B):

REQUIRED ELEMENTS		EXECUTED	COMMENTS
EDGE ELEMENT	**One short edge element** not to exceed seven seconds		
SPIN	**One solo dance spin*** solo dance combination spin not permitted		
STEP	**One step sequence**** from the following list: circular, midline or diagonal		
TWIZZLES	**One twizzle series** minimum one revolution on each foot, no more than three steps between twizzles		
CHOREO STEP	**One choreographic character step sequence** must be placed within 10 meters of center line short axis, proceed from barrier to barrier and commence with full stop at one barrier or the other		

	MARK (-3 to +3)

Duration: 1:50 +/- 10 seconds
- For up to every +10 sec in excess: penalty of one point (-1) deduction (8385)

*8373(C) A solo dance spin is on one foot only. It must have a minimum of three revolutions and may include any number of changes of position. This element should relate to the music and enhance the overall program. No flying entries are permitted on any dance spin.

**The step sequence must fully utilize the ice surface. It should include a variety of steps and turns and must include three-turns, mohawks and brackets. Jumps of more than one-half rotation, stops, dance spins, pirouettes, pattern retrogressions and loops must not be included.

- Extra elements may be added without penalty. Two different elements may be reskated, if necessary.

Elements	
Skating	
Program	
DED	

Circle Test Result	**Retry** -9 to -1	**Pass** 0 to +3	**Honors** +4 to +6	**Distinction** +7 to +9	**Total**	

Judge's Name _____ Mbr # _____
(Your written/typed name constitutes your signature.)

Judging Panel Required	**Three-Judge Panel** (test result determined by majority)	**Single-Judge Panel**
	Three pre-silver or higher rank dance test judges	One gold or higher rank dance test judge

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