TRIAL JUDGING FORM SOLO FREE DANCE ADULT PRE-SILVER 50+ (50PSSFD)

J#1, J#2 or J#3 Signature ___



Rev. 10/1/2023

Car	ndidate's Name	Member #							
Hos	st Club		Date						
of ex adeq test a progr	Expression must be at least equivalent to that of a standard candidate of the bronze solo free dance test (rule 8384). Strong development of extension, carriage, flow/speed and depth of edge will not be demanded; however, basic balance, form and skating skills must be adequate to achieve comfortable performance of the steps and elements. General requirements outlined for the pre-bronze pattern dance est apply equally to the adult pre-silver solo free dance test. The program presented must conform to the rules for solo free dance. The program should display fairly good edges and some evidence of good form. An adult pre-silver solo free dance program must include the following required elements, as specified in rule 8392 (B):								
	REQUIRED ELEMENTS	S E	XECUTED	С	COMMENTS				
EDGE ELEMENT	One short edge element not to exceed seven seconds								
SPIN	One solo dance spin* solo dance combination spin n permitted	oot							
STEP	One step sequence** from the following list: circular, or diagonal	midline							
TWIZZLES	One twizzle series minimum one revolution on ea no more than three steps betw twizzles								
REO STEP	One choreographic character step sequence must be placed within 10 meters of center line short axis, proceed from				MARK (-3 to +3) J#1, J#2 or J#3 overwrite TJ results in ink				n ink
CHOREO	barrier to barrier and commence with full stop at one barrier or the other					TJ	J#1	J#2	J#3
Duration: 1:50 +/- 10 seconds - For up to every +10 sec in excess: penalty of one point (-1) deduction (8385)					Elements				
*8373(C) A solo dance spin is on one foot only. It must have a minimum of three revolutions and may include any number of changes of position. This element should relate to the music and enhance the overall program. No flying entries are permitted on any dance spin.									
**The step sequence must fully utilize the ice surface. It should include a variety of steps and turns and must include three-turns, mohawks and brackets. Jumps of more than one-half rotation, stops, dance spins, pirouettes, pattern regressions and loops must not be included.									
- Extra elements may be added without penalty. Two different elements may be reskated, if necessary.									
	ircle Test Retry Result -9 to -1	Pass 0 to +3	Honors +4 to +6	Distinction +7 to +9	Total				
TJ: T	Frial Judge's Name		Mbr#	Current	nt Test Appt				
J#1:	Judge #1 Name		J#2: Judge #2 Name						
J#3: Judge #3 Name									