TRIAL JUDGING FORM SOLO FREE DANCE ADULT PRE-GOLD 50+ (50PGSFD)



Can	didate's Name	Member #						
Hos	t Club	Date						
Expression must be at least equivalent to that of a standard candidate of the silver solo free dance test (rule 8384). Strong developments of extension, carriage, flow/speed and depth of edge will not be demanded; however, basic balance, form and skating skills must adequate to achieve comfortable performance of the steps and elements. General requirements outlined for the pre-silver pattern test apply equally to the adult pre-gold solo free dance test. The program presented must conform to the rules for solo free dance program presented must conform to the rules for solo free dance. An adult pre-gold solo free dance program must include the foll required elements, as specified in rule 8392 (D):						must be attern d lance.	e ance The	
REQUIRED ELEMENTS		EXECUTED		COMMENTS				
EDGE ELEMENT	One combination edge element (not to exceed 12 seconds) or two short edge elements (not to exceed seven seconds each) Short edge elements must have different positions; positions within the combination edge element may be repeated							
SPIN	One solo dance spin selected from solo dance spin or solo dance combination spin*							
STEPS	One step sequence** from the following list: serpentine, circular, midline or diagonal							
TWIZZLES	One twizzle series a minimum of two revolutions is required on each twizzle, no more than three steps are allowed between twizzles, twizzles must have a different entry edge and different direction of rotation							
CHOREO STEP	One choreographic character step sequence must be placed within 10 meters of center			MARK (-3 to +3) J#1, J#2 or J#3 overwrite TJ results in ink				
	line short axis, proceed from barrier to barrier and commence with full stop at one barrier or the other				TJ	J#1	J#2	J#3
Duration: 2:20 +/- 10 seconds - For up to every +10 sec in excess: penalty of one point (-1) deduction (8385) *8373(C) A solo dance spin is on one foot only. It must have a minimum of three revolutions and may include any number of changes of position. A solo dance combination spin must have a change of foot with a minimum of three revolutions on each foot, and may contain any number of positions on either foot. This element should relate to the music and enhance the overall program. No flying entries are permitted on any dance spin. **The step sequence must fully utilize the ice surface. It should include a variety of steps and turns and must include brackets, counters, rockers and choctaws. Jumps of more than one-half rotation, stops, dance spins, pirouettes, pattern retrogressions and loops must not be								
 included. Extra elements may be added without penalty. Two different elements may be reskated, if necessary. 			DED					
Circ	cle Result Retry: -9 to -1 Pass: 0 to +3	Honors: +4 to +6	Distinction: +7 to +9	Total				
TJ: Trial Judge's Name Mbr# Current Test Appt								
J#1: Judge #1 Name J#2: Judge #2 Name								
J#3: Judge #3 Name								
J#1, J#2 or J#3 Signature Rev. 10/1/2023								