TRIAL JUDGING FORM SOLO FREE DANCE ADULT PRE-GOLD 21+ (21PGSFD)

J#1, J#2 or J#3 Signature _____



Rev. 10/1/2023

Can	didate's Name	Memb	Member #					
Hos	t Club	Date _	Date					
General requirements outlined for the pre-silver pattern dance test apply equally to the adult pre-gold solo free dance test. The program presented must conform to the rules for solo free dance. While technically a basic program demonstrating fundamental dance moves, it should have good edges and flow, good timing, some expression and display good form. A refined presentation is not expected but can be rewarded and reflected in the judges' program mark. An adult pre-gold solo free dance program must include the following required elements, as specified in rule 8392 (D):								
	REQUIRED ELEMENTS EXECUTED			COMMENTS				
E ELEMENT	One combination edge element (not to exceed 12 seconds) or two short edge elements (not to exceed seven seconds each)							
EDGE	Short edge elements must have different positions; positions within the combination edge element may be repeated							
SPIN	One solo dance spin selected from solo dance spin or solo dance combination spin*							
STEPS	One step sequence** from the following list: serpentine, circular, midline or diagonal							
TWIZZLES	One twizzle series a minimum of two revolutions is required on each twizzle, no more than three steps are allowed between twizzles, twizzles must have a different entry edge and different direction of rotation							
EO STEP	One choreographic character step sequence must be placed within 10 meters of center			J#1, J#2 or	MARK (-3 to +3) J#1, J#2 or J#3 overwrite TJ results in ink			
CHOREO	line short axis, proceed from barrier to barrier and commence with full stop at one barrier or the other				TJ	J#1	J#2	J#3
Duration: 2:20 +/- 10 seconds - For up to every +10 sec in excess: penalty of one point (-1) deduction (8385) *8373(C) A solo dance spin is on one foot only. It must have a minimum of three revolutions and may include any number of changes of position. A solo dance combination spin must have a change of foot with a minimum of three revolutions on each foot, and may contain any number of positions on either foot. This element should relate to the music and enhance the overall program. No flying entries are permitted on any dance spin.								
**The step sequence must fully utilize the ice surface. It should include a variety of steps and turns and must include brackets, counters, rockers and choctaws. Jumps of more than one-half rotation, stops, dance spins, pirouettes, pattern retrogressions and loops must not be included. - Extra elements may be added without penalty. Two different elements may be reskated, if necessary.				Program				
				DED				
Circ	cle Result Retry: -9 to -1 Pass: 0 to +3	Honors: +4 to +6	Distinction: +7 to +9	Total				
TJ: Trial Judge's Name Mbr# Current Test Appt								
J#1:	Judge #1 Name	J#2						
J#3: Judge #3 Name								