

# SOLO FREE DANCE JUDGING FORM

## ADULT GOLD 50+ (50GDSFD)



Candidate's Name \_\_\_\_\_ Member # \_\_\_\_\_

Candidate's Club \_\_\_\_\_

Host Club \_\_\_\_\_ Date \_\_\_\_\_

Expression must be at least equivalent to that of a standard candidate of the junior solo free dance test (rule 8384). Strong development of extension, carriage, flow/speed and depth of edge will not be demanded; however, basic balance, form and skating skills must be adequate to achieve comfortable performance of the steps and elements. General requirements outlined for the pre-gold pattern dance test apply equally to the adult gold solo free dance test. The program presented must conform to the rules for solo free dance. While technically a basic program demonstrating fundamental dance moves, it should have good edges and flow, good timing, some expression and display good form. A refined presentation is not expected but can be rewarded and reflected in the judges' program mark. An adult gold solo free dance program must include the following required elements, as specified in rule 8392 (E):

REQUIRED ELEMENTS		EXECUTED	COMMENTS		
EDGE ELEMENTS	<b>One combination edge element plus one short edge element or three short edge elements</b> Combination edge element not to exceed 12 seconds; short edge elements not to exceed seven seconds each Edge elements must have different positions, but positions within the combination edge element may be repeated				
SPIN	<b>One solo dance spin</b> selected from <b>solo dance spin</b> or <b>solo dance combination spin*</b>				
STEPS	<b>One step sequence**</b> from the following list: serpentine, circular, midline or diagonal				
TWIZZLES	<b>One twizzle series</b> a minimum of two revolutions is required on each twizzle, no more than three steps are allowed between twizzles, twizzles must have a different entry edge and different direction of rotation				
CHOREO STEP	<b>One choreographic character step sequence</b> must be placed within 10 meters of center line short axis, proceed from barrier to barrier and commence with full stop at one barrier or the other		<b>MARK</b> <b>(-3 to +3)</b>		
<b>Duration: 2:40 +/- 10 seconds</b> - For up to every +10 sec in excess: penalty of one point (-1) deduction (8385) *8373(C) A solo dance spin is on one foot only. It must have a minimum of three revolutions and may include any number of changes of position. A solo dance combination spin must have a change of foot with a minimum of three revolutions on each foot, and may contain any number of positions on either foot. This element should relate to the music and enhance the overall program. No flying entries are permitted on any dance spin. **The step sequence must fully utilize the ice surface. It should include a variety of steps and turns and must include brackets, counters, rockers, choctaws and twizzles. Jumps of more than one-half rotation, stops, dance spins, pirouettes, pattern retrogressions and loops must not be included. - Extra elements may be added without penalty. Two different elements may be reskated, if necessary.					Elements
			Skating		
			Program		
			DED		
Circle Test Result	<b>Retry</b> <b>-9 to -1</b>	<b>Pass</b> <b>0 to +3</b>	<b>Honors</b> <b>+4 to +6</b>	<b>Distinction</b> <b>+7 to +9</b>	<b>Total</b>

Judge's Name \_\_\_\_\_ Mbr # \_\_\_\_\_  
(Your written/typed name constitutes your signature.)

Judging Panel Required	Three-Judge Panel (test result determined by majority)	Single-Judge Panel
	Three gold dance test judges	N/A