

**Program Components for Singles & Pairs: Novice  
FOR U.S. FIGURE SKATING DOMESTIC USE ONLY**

*Same as ISU document for Junior and Senior*

*Components are weighted based on domestic development priorities*

| Skating Skills<br><i>Balance</i>  | Transitions<br><i>Connection</i>  | Performance<br><i>Delivery</i>   | Composition<br><i>Design</i>   | Interpretation<br><i>Feeling</i>  |
|---|---|--|--|---|
| 45% Singles / 40% Pairs   | 10% Singles & Pairs   | 15% Singles / 20% Pairs  | 15% Singles & Pairs  | 15% Singles & Pairs   |
| Defined by overall cleanness and sureness, edge control and flow over the ice surface demonstrated by a command of the skating vocabulary (edges, steps, turns, etc.), the clarity of technique and the use of effortless power to accelerate and vary speed. | The varied and purposeful use of intricate footwork, positions and movements that link all elements.    | Involvement of the skater/pair physically, emotionally and intellectually as they deliver the intent of the music and composition. | An intentionally developed and/or original arrangement of all types of movements according to the principles of musical phrase, space, pattern and structure | The personal, creative and genuine translation of the rhythm, character and content of the music to movement on ice.  |
| <ul style="list-style-type: none"> <li>• Use of deep edges, steps and turns</li> </ul>  | <ul style="list-style-type: none"> <li>• Continuity of movements from one element to another</li> </ul> | <ul style="list-style-type: none"> <li>• Physical, emotional and intellectual involvement and projection</li> </ul>                | <ul style="list-style-type: none"> <li>• Purpose (idea, concept, vision, mood);</li> </ul>   | <ul style="list-style-type: none"> <li>• Movement and steps in time to the music (timing)</li> </ul>  |
| <ul style="list-style-type: none"> <li>• Balance, rhythmic knee action and precision of foot placement</li> </ul>   | <ul style="list-style-type: none"> <li>• Variety</li> </ul>   | <ul style="list-style-type: none"> <li>• Carriage and clarity of movement</li> </ul>   | <ul style="list-style-type: none"> <li>• Pattern / ice coverage</li> </ul>   | <ul style="list-style-type: none"> <li>• Expression of the music's character/feeling and rhythm, when clearly identifiable</li> </ul>   |
| <ul style="list-style-type: none"> <li>• Flow and glide</li> </ul>  | <ul style="list-style-type: none"> <li>• Difficulty</li> </ul>  | <ul style="list-style-type: none"> <li>• Variety and contrast of movements and energy</li> </ul>                                   | <ul style="list-style-type: none"> <li>• Multidimensional use of space and design of movements</li> </ul>  | <ul style="list-style-type: none"> <li>• Use of finesse* to reflect the details and nuances of the music</li> </ul>   |
| <ul style="list-style-type: none"> <li>• Varied use of power, speed and acceleration. <b><u>Speed is maintained in and out of elements. (Domestic addition)</u></b></li> </ul>  | <ul style="list-style-type: none"> <li>• Quality</li> </ul>   | <ul style="list-style-type: none"> <li>• Individuality / personality</li> </ul>  | <ul style="list-style-type: none"> <li>• Phrase and form (movements and parts structured to match the musical phrase);</li> </ul>                            | <ul style="list-style-type: none"> <li>• Relationship between the skaters reflecting the character and rhythm of the music (PS)</li> </ul>  |
| <ul style="list-style-type: none"> <li>• Use of multi directional skating</li> </ul>  |   | <ul style="list-style-type: none"> <li>• Unison &amp; "oneness" (PS)</li> </ul>  | <ul style="list-style-type: none"> <li>• Originality of the composition</li> </ul>   | *Finesse is the skater's refined, artful manipulation of music details and nuances through movement. It is unique to the skater and demonstrates an inner feeling for the music and the composition. Nuances are the personal ways of bringing subtle variations to the intensity, tempo and dynamics of the music made by the composer and/or musicians. |
| <ul style="list-style-type: none"> <li>• Use of one-foot skating</li> </ul>   |   | <ul style="list-style-type: none"> <li>• Spatial awareness between partners (PS)</li> </ul>  |  |   |

**Program Components for Singles & Pairs: Intermediate  
FOR U.S. FIGURE SKATING DOMESTIC USE ONLY**

*Components are weighted based on domestic development priorities*

| Skating Skills<br><i>Balance</i>  | Performance<br><i>Delivery</i>   | Composition<br><i>Design</i>  | Interpretation<br><i>Feeling</i>   |
|---|--|---|--|
| 55% Singles / 50% Pairs   | 15% Singles / 20% Pairs  | 15% Singles & Pairs   | 15% Singles & Pairs  |
| Defined by overall cleanness and sureness, edge control and flow over the ice surface demonstrated by a command of the skating vocabulary (edges, steps, turns, etc.), the clarity of technique and the use of effortless power to accelerate and vary speed. | Involvement of the skater/pair physically, emotionally and intellectually as they deliver the intent of the music and composition. | An intentionally developed and/or original arrangement of all types of movements ( <b>transitions</b> ) according to the principles of musical phrase, space, pattern and structure | The personal, creative and genuine translation of the rhythm, character and content of the music to movement on ice.   |
| <ul style="list-style-type: none"> <li>• Use of deep edges, steps and turns</li> </ul>  | <ul style="list-style-type: none"> <li>• Physical, emotional and intellectual involvement and projection</li> </ul>                | <ul style="list-style-type: none"> <li>• Purpose (idea, concept, vision, mood)</li> </ul>   | <ul style="list-style-type: none"> <li>• Movement and steps in time to the music (timing)</li> </ul>   |
| <ul style="list-style-type: none"> <li>• Balance, rhythmic knee action and precision of foot placement</li> </ul>   | <ul style="list-style-type: none"> <li>• Carriage and clarity of movement</li> </ul>   | <ul style="list-style-type: none"> <li>• Pattern / ice coverage</li> </ul>  | <ul style="list-style-type: none"> <li>• Expression of the music's character/feeling and rhythm, when clearly identifiable</li> </ul>  |
| <ul style="list-style-type: none"> <li>• Flow and glide</li> </ul>  | <ul style="list-style-type: none"> <li>• Variety and contrast of movements and energy</li> </ul>                                   | <ul style="list-style-type: none"> <li>• Multidimensional use of space and design of movements</li> </ul>   | <ul style="list-style-type: none"> <li>• Use of finesse* to reflect the details and nuances of the music</li> </ul>  |
| <ul style="list-style-type: none"> <li>• Varied use of power, speed and acceleration. <b><u>Speed is maintained in and out of elements.</u></b><br/><b><u>(Domestic addition)</u></b></li> </ul>  | <ul style="list-style-type: none"> <li>• Individuality / personality</li> </ul>  | <ul style="list-style-type: none"> <li>• Phrase and form (movements and parts structured to match the musical phrase);</li> </ul>   | <ul style="list-style-type: none"> <li>• Relationship between the skaters reflecting the character and rhythm of the music (PS)</li> </ul>   |
| <ul style="list-style-type: none"> <li>• Use of multi directional skating</li> </ul>  | <ul style="list-style-type: none"> <li>• Unison &amp; "oneness" (PS)</li> </ul>  | <ul style="list-style-type: none"> <li>• Originality of the composition</li> </ul>  |  |
| <ul style="list-style-type: none"> <li>• Use of one-foot skating</li> </ul>   | <ul style="list-style-type: none"> <li>• Spatial awareness between partners (PS)</li> </ul>  |   | <p>*Finesse is the skater's refined, artful manipulation of music details and nuances through movement. It is unique to the skater and demonstrates an inner feeling for the music and the composition. Nuances are the personal ways of bringing subtle variations to the intensity, tempo and dynamics of the music made by the composer and/or musicians.</p> |

**Program Components for Singles & Pairs: Juvenile and Below  
FOR U.S. FIGURE SKATING DOMESTIC USE ONLY**

*Components include full scope of ISU criteria*

*Components are weighted based on domestic development priorities*

| Skating Skills<br><i>Speed</i>   | Performance<br><i>Delivery</i>   | Interpretation<br><i>Feeling</i>  |
|--|--|---|
| 60% Singles & Pairs  | 20% Singles / 25% Pairs  | 20% Singles / 15% Pairs   |
| Defined by overall cleanness and sureness, <b><u>edge control and flow</u></b> over the ice surface demonstrated by a command of the skating vocabulary (edges, steps, turns, etc.), the clarity of technique and the <b><u>use of effortless power to accelerate and vary speed</u></b> . | Involvement of the skater/pair physically, emotionally and intellectually as they deliver the intent of the music and composition. | The personal, creative and genuine translation of the rhythm, character and content of the music to movement on ice.  |
| <ul style="list-style-type: none"> <li>• Use of deep edges, steps and turns</li> </ul>   | <ul style="list-style-type: none"> <li>• Physical, emotional and intellectual involvement and projection</li> </ul>                | <ul style="list-style-type: none"> <li>• Movement and steps in time to the music (timing)</li> </ul>  |
| <ul style="list-style-type: none"> <li>• Balance, rhythmic knee action and precision of foot placement</li> </ul>  | <ul style="list-style-type: none"> <li>• Carriage and clarity of movement</li> </ul>   | <ul style="list-style-type: none"> <li>• Expression of the music's character/feeling and rhythm, when clearly identifiable</li> </ul>   |
| <ul style="list-style-type: none"> <li>• Flow and glide</li> </ul>   | <ul style="list-style-type: none"> <li>• Variety and contrast of movements and energy</li> </ul>                                   | <ul style="list-style-type: none"> <li>• Use of finesse* to reflect the details and nuances of the music</li> </ul>   |
| <ul style="list-style-type: none"> <li>• Varied use of power, speed and acceleration. <b><u>*Speed is maintained in and out of elements. (Domestic addition)</u></b></li> </ul>  | <ul style="list-style-type: none"> <li>• Individuality and Personality</li> </ul>  | <ul style="list-style-type: none"> <li>• Relationship between the skaters reflecting the character and rhythm of the music (PS)</li> </ul>  |
| <ul style="list-style-type: none"> <li>• Use of multi directional skating</li> </ul>   | <ul style="list-style-type: none"> <li>• Unison &amp; "oneness" (PS)</li> </ul>  |   |
| <ul style="list-style-type: none"> <li>• Use of one-foot skating</li> </ul>  | <ul style="list-style-type: none"> <li>• Spatial awareness between partners (PS)</li> </ul>  | *Finesse is the skater's refined, artful manipulation of music details and nuances through movement. It is unique to the skater and demonstrates an inner feeling for the music and the composition. Nuances are the personal ways of bringing subtle variations to the intensity, tempo and dynamics of the music made by the composer and/or musicians. |